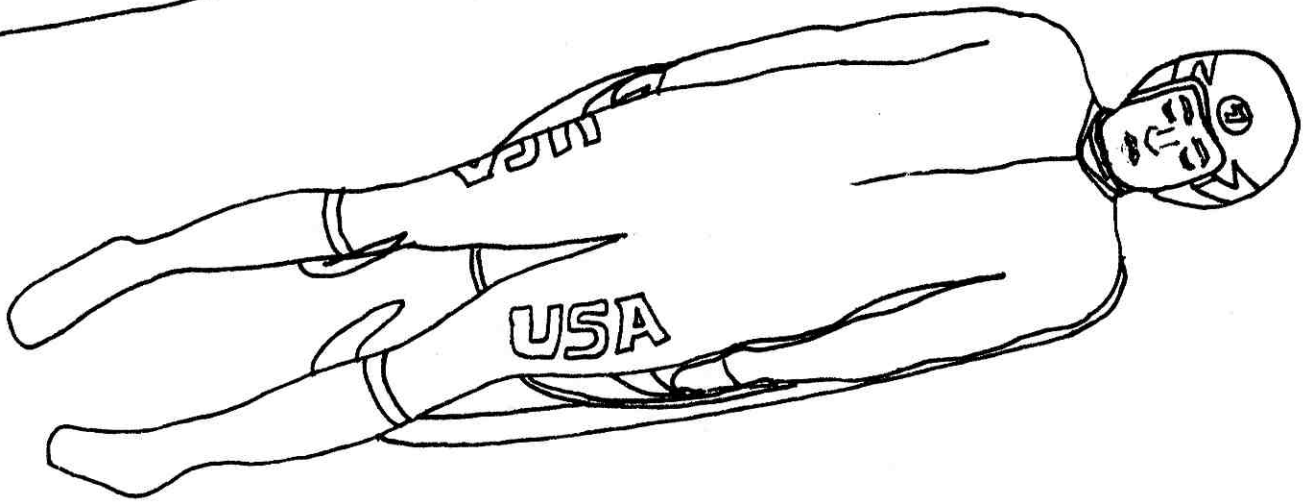
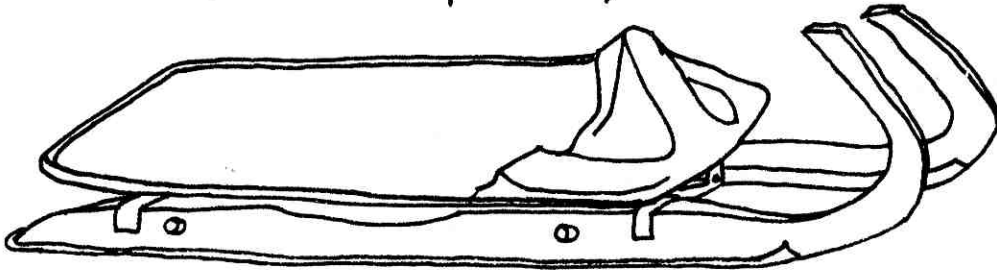


# LUGE

A "Luge" is a sled. These sleds are like toboggans, but can go much faster. Lugging takes place on an icy track with very sharp turns.



A "luger" is also called a "slider." "Lugers" lie down on their sleds facing the sky. They steer the sled with very small muscle movements. On their sled, a Luger can go over 70 miles an hour!